Installation Manual for
Air Distribution Systems

NOTICE TO INSTALLER AND EQUIPMENT OWNER: RETAIN THIS MANUAL AT THE JOB

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SPECIAL TOOLS REQUIRED

- Reciprocating saw with blades to cut joist, studs and drywall.
- Hole saw, carbide-tip for plaster-and-lathe walls/ceilings
- Hole saw, wood for hardwood flooring

<table>
<thead>
<tr>
<th>Size</th>
<th>Where used</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.5&quot; (90 mm)</td>
<td>For 2&quot; outlet in wood floor</td>
</tr>
<tr>
<td>4.0&quot; (102 mm)</td>
<td>For 2&quot; (50 mm) outlet in ceiling or wall</td>
</tr>
<tr>
<td></td>
<td>For 2.5&quot; (63 mm) outlet in wood floor</td>
</tr>
<tr>
<td>4.5 in (114 mm)</td>
<td>For 2.5 in. (63 mm) outlet in ceiling or wall</td>
</tr>
</tbody>
</table>

- Half of a basketball to fit on hole saw to catch debris.
- UPC-54 Clamp pliers for duct clamps
- Current meter with low scale (less than 10 amps)
- Turbometer† air velocity meter.
- UL-181A-P pressure sensitive foil tape or UL-181B-FX flexible duct tape.

If using fiberglass plenum:
- UPC-55 2-inch (51 mm) hole cutter (“cookie cutter”)
- UL-181A-H heat sealed aluminum foil tape or UL-181A-P pressure sensitive foil tape
- Iron for heat sealable tape

If using metal plenum:
- Hole saw, metal
  - For 2.0 in. ducts: 1-7/8-inch (48 mm) or 2-inch (51 mm)
  - For 2.5 in. ducts: 2-3/8-inch (60 mm) or 2.5-inch (63 mm)
- Tin snips
- UL-181A-M duct mastic or UL-181A-P (Unico P/N: A00207-001) pressure sensitive foil tape.

GENERAL

The following information is to help the installer save time, provide the best possible installation, and ensure continuous trouble-free operation. All Unico System components are factory fabricated up to the point where they can be assembled on the job as described in this manual.

SCOPE

These installation instructions cover the Unico System air distribution system including the return air components and secondary drain pans as shown in Figure 1. This manual describes only the installation of the duct components. Details for wiring, piping, refrigerant line connections and condensate drains are covered in the installation instructions for the specific models and accessories.

Specific design procedures are detailed in Bulletin 40-030: Component Layout and Bulletin 40-040: System Sizing and Layout Procedure. Although this manual will occasionally repeat important information, refer to...
the design bulletins for more detailed information on duct sizing and location.

**GENERAL PRECAUTIONS AND SAFETY TIPS**

Do not attempt to install or start up the system without first reading and understanding this manual and the appropriate manual for the air-handling unit.

Before operation, be sure the unit is properly grounded. The installation should be in accordance with all local codes and regulations and with the National Fire Protection Association (NFPA), International Residential Code (IRC), International Mechanical Code (IMC), and Underwriters Laboratories (UL) applicable standards and regulations. In case of conflict, local codes take precedence.

All electrical wiring should be in accordance with the latest edition of the National Electrical Code (NEC) and all local codes and regulations.

Condensate piping should be installed in accordance with governing codes. Always install a secondary drain pan when an overflow of condensate could cause damage.

**AIR DISTRIBUTION SYSTEM**

**General.** Most Unico Systems are installed in attic or overhead installations. However, give consideration to basement or other suitable conditioned space locations, especially since the Unico System air handlers can be installed in vertical as well as horizontal configurations. These instructions are primarily oriented to horizontal installations (as shown in Figure 1) but, where appropriate, reference will be made to other possibilities.

Note: Where possible the air handler and air distribution system should be located in the conditioned space to reduce energy losses that result in non-conditioned areas, such as attics, garages or unheated utility rooms.

**Supply Air System.** All supply air is distributed through a compact duct system consisting of a plenum and small branch ducts. In some cases, the branch ducts may be omitted. The plenum can be any material provided it is insulated and designed for up to 3 inches of water column (744 Pa) and 2800 ft./min (14.2 m/s). Table 1 lists some common sizes along with the maximum recommended airflow.

For applications without branch ducts, the plenum must have acoustical dampening properties. Examples of this are ducts made from fiberglass insulation such as duct board or metal ducts with internal fiberglass insulation lining.

All branch runs are 2-inch (51mm) or 2.5-inch (63mm) in diameter. There are two types of branch ducts: sound attenuator and aluminum supply tubing. They must include at least 3 feet (1 m) of sound attenuator at termination to maintain proper sound levels.

<table>
<thead>
<tr>
<th>I.D. Round, in. (mm)</th>
<th>Square or Rectangle, in. (mm)</th>
<th>CFM (L/s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.0 (178)</td>
<td>6-1/2 x 6-1/2</td>
<td>165 x 165</td>
</tr>
<tr>
<td></td>
<td>6 x 8</td>
<td>152 x 203</td>
</tr>
<tr>
<td></td>
<td>4 x 12</td>
<td>102 x 305</td>
</tr>
<tr>
<td></td>
<td>3-1/2 x 14</td>
<td>89 x 356</td>
</tr>
<tr>
<td></td>
<td>600 CFM (330 L/s)</td>
<td></td>
</tr>
<tr>
<td>9.0 (229)</td>
<td>8-1/2 x 8-1/2</td>
<td>216 x 216</td>
</tr>
<tr>
<td></td>
<td>8 x 10</td>
<td>203 x 254</td>
</tr>
<tr>
<td></td>
<td>6 x 12</td>
<td>152 x 305</td>
</tr>
<tr>
<td></td>
<td>4 x 20</td>
<td>102 x 508</td>
</tr>
<tr>
<td></td>
<td>3-1/2 x 24</td>
<td>89 x 610</td>
</tr>
<tr>
<td></td>
<td>1000 CFM (472 L/s)</td>
<td></td>
</tr>
<tr>
<td>10.0 (254)</td>
<td>9-1/2 x 9-1/2</td>
<td>240 x 240</td>
</tr>
<tr>
<td></td>
<td>8 x 12</td>
<td>228 x 305</td>
</tr>
<tr>
<td></td>
<td>6 x 14</td>
<td>152 x 356</td>
</tr>
<tr>
<td></td>
<td>4 x 24</td>
<td>102 x 610</td>
</tr>
<tr>
<td></td>
<td>1250 CFM (590 L/s)</td>
<td></td>
</tr>
<tr>
<td>11.0 (279)</td>
<td>10-1/2 x 10-1/2</td>
<td>267 x 267</td>
</tr>
<tr>
<td></td>
<td>10 x 12</td>
<td>254 x 305</td>
</tr>
<tr>
<td></td>
<td>8 x 14</td>
<td>203 x 356</td>
</tr>
<tr>
<td></td>
<td>6 x 18</td>
<td>152 x 457</td>
</tr>
<tr>
<td></td>
<td>1500 CFM (708 L/s)</td>
<td></td>
</tr>
</tbody>
</table>

For the best sound attenuation, the entire duct run can be made from the sound attenuator. The ducts are available with four different insulation thicknesses to achieve higher R-factor ratings: R-3.3 (standard), R-4.2, R-6, and R-8.
The entire branch duct can be made of the sound attenuator (method A, Figure 2) or with 3 feet (1 m) of sound attenuator and the rest made of aluminum supply tubing (method B, Figure 2). For branch runs over 12-feet (3.6 m) long, method B recommend because the aluminum duct is stronger than the sound attenuator and long runs usually are handled more roughly.

Note: For proper acoustical attenuation, always use at least 3 ft. (1 m) of sound attenuator supply tubing at the end of each run.

Figure 2. Brand Duct Assembly

The branch ducts terminate with either a round or rectangular outlet. The outlets come in a variety of colors and finishes, including several species of wood, unfinished. The round outlets are usually the best choice for floor or ceiling outlets. The rectangular outlets are
ideal for outlets in a wall and are designed for standard 2 x 4 construction. The rectangular or ‘slot’ outlets are available in both cast aluminum and plastic. In addition Unico has an angled round outlet designed for sloped ceilings. For applications without branch ducts use the plenum slot outlets, part number UPC-101.

Table 2. Return Duct Size

<table>
<thead>
<tr>
<th>Model</th>
<th>Part No.</th>
<th>Diameter</th>
<th>Length</th>
</tr>
</thead>
<tbody>
<tr>
<td>1218</td>
<td>UPC-04-1218</td>
<td>12 in. (305 mm)</td>
<td>10 ft. (3 m)</td>
</tr>
<tr>
<td>2430</td>
<td>UPC-04-2430</td>
<td>14 in. (356 mm)</td>
<td></td>
</tr>
<tr>
<td>3036</td>
<td>UPC-04-3036</td>
<td>16 in. (406 mm)</td>
<td></td>
</tr>
<tr>
<td>3642</td>
<td>UPC-04-3642</td>
<td>18 in. (457 mm)</td>
<td></td>
</tr>
<tr>
<td>4860</td>
<td>UPC-04-4860</td>
<td>20 in. (508 mm)</td>
<td></td>
</tr>
</tbody>
</table>

Note: The 2.5-inch (63mm) outlets are available only in round and only with metal plenum takeoffs.

For certain applications where it is desired to attach the outlet as close as possible to the plenum, a 12-inch (305mm) rigid sound attenuator is available. These attenuators are available in kits. Use kit UPC-84-5 for fiberglass plenum and kit UPC-85-5 for sheet metal plenum. The kits include all the necessary components to complete an outlet branch run. These kits are well suited for masonry or concrete structures with no ceiling joists or crawl spaces. They can also be used for under-slab installations. See Bulletin 20-060: Rigid Sound Attenuator for installation details.

For exposed duct applications, use the UPC-101 slot outlet attached directly to the plenum. This is acceptable as long as 7 outlets per nominal ton (2 outlets per nominal kW) are used and the plenum is acoustically lined or made of fiberglass duct board.

Return Air System. Unico supplies factory made components for the complete return air system that includes the return air box with grille and filter, return air duct and return air adapter. These components are ideal for horizontal attic type installations where one central ceiling return can be used.

Where the single packaged return air system cannot be used, such as in tight closets, vertical installations or where multiple returns are needed, a field fabricated return duct system made from duct board, or sheet metal with acoustical lining can be used. A 90° bend or elbow should be used in the field fabricated return system for proper acoustical performance.

Each Unico System air handler is designed with a rectangular return air opening that will accommodate the field fabricated duct which should be designed for a pressure loss not to exceed 0.15 inches of water column (37 Pa), including filter. Generally, this means sizing the duct for a pressure loss of 0.05 IWC (12 Pa) at the required airflow and sizing the filter for a pressure drop of 0.10 IWC (25 Pa) at the required airflow. It may help to remember that the return duct system is a conventional design, not high velocity. For most systems, the minimum duct size is sufficient for up to 25 feet (8 m) with no more than three 90° bends (Table 2).

Note: For more detailed information on return duct design see Tech Note 106, Return Duct System Design Requirements.

GENERAL INSTALLATION PROCEDURE

The following procedure is a general guideline describing the most popular installation sequence. It is not required to proceed in the same order; however, each step must still be done.

1. Produce sketch of duct design showing approximate location of all outlets, the air handler, the return openings, and a layout of the supply plenum and return duct.
2. Locate and cut the openings for the outlets and the return air openings.
3. Install the branch ducts.
4. Install the outlets and mount to floor or ceiling.
5. Mount the air handler
6. Install plenum
7. Connect branch ducts to plenum
8. Install return grille and return duct
9. Connect electrical power
10. Test airflow
11. Connect refrigerant lines and charge
12. Fill out service report form for records

PREPARATION OF WORK AREA

It is recommended that good lighting and a fan be provided when working in poorly ventilated attic or crawl areas. The fan can be set over the return air opening and used to force cooler air into the area during installation. Another useful tip is to run a sprinkler on the roof during installation to keep the attic temperature down.

For attic and crawl space installations many installers find it practical and easier to use “working boards” laid over the open joists or on the ground. These are 16-inch (406mm) wide plywood sheets 8-foot (2.4 m) long. They are saved and carried from job to job.

RETURN AIR OPENING

Cut the opening for the return air box in accordance with the dimensions of Table 3. By doing this first it provides an opening to move equipment and components into the attic when other access is not sufficient.
If the joists or studs are less than 16 inches (406mm) center-to-center or in the wrong direction, it will be necessary to cut and header the joists or build a frame to hold the return air box. Center the return air box so the filter frame flange covers all the gaps and make sure the flange is flush against the wall or ceiling. Install the return box inside the surrounding frame using nails or screws. Holes are provided in the long sides of the return air box. Use the four ¼-inch (6.4mm) holes nearest to the corners. The other holes are for mounting the filter grille (Figure 3).

![Figure 3. Return air filter-grille](image)

Install filter frame into the return air box using four nails or screws. Use the holes furthest from the corners. Insert filter and hold in place by rotating metal clips. Close grille and secure with clips.

Connect the return air adapter to the unit using sheet metal screws. Then attach the return duct to the adapter and to the return air box using the Q-bands and Q-clips. The return air adapter ships with an insulation blanket that must be wrapped around the adapter. Tape the seams with UL 181A-P aluminum tape.

**SUPPLY OUTLET AND BRANCH RUN INSTALLATION**

**Parts Required.** Each branch run is made entirely of sound attenuator duct or sometimes connected to an aluminum duct. All the items necessary for branch construction, including plenum connections and terminations, are listed in Table 4.

<table>
<thead>
<tr>
<th>Models</th>
<th>Return Air Box Part No.</th>
<th>Size of opening inches (mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1218</td>
<td>UPC-01-1218</td>
<td>14 ⁷⁄₈ x 20 ⁷⁄₈ (365 x 520)</td>
</tr>
<tr>
<td>2430</td>
<td>UPC-01-2430</td>
<td>14 ⁷⁄₈ x 25 ⁷⁄₈ (365 x 648)</td>
</tr>
<tr>
<td>3036</td>
<td>UPC-01-3036</td>
<td>14 ⁷⁄₈ x 30 ⁷⁄₈ (365 x 775)</td>
</tr>
<tr>
<td>3642</td>
<td>UPC-01-3642</td>
<td>14 ⁷⁄₈ x 30 ⁷⁄₈ (365 x 775)</td>
</tr>
<tr>
<td>4860</td>
<td>UPC-01-4860</td>
<td>24 ⁷⁄₈ x 30 ⁷⁄₈ (619 x 775)</td>
</tr>
<tr>
<td></td>
<td>UPC-01-4860NC</td>
<td>20 ⁷⁄₈ x 30 ⁷⁄₈ (517 x 775)</td>
</tr>
</tbody>
</table>

**Table 3. Return Air-Filter-Grille**

**Table 4. Brand duct parts**

<table>
<thead>
<tr>
<th>Part No.</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>UPC-26Cxx-6</td>
<td>Sound Attenuator Tubing, (6) 12 ft. (3.6 m) lengths</td>
</tr>
<tr>
<td>UPC-26Dxx-6</td>
<td>Double Vapor Barrier Sound Attenuator Tubing, (6) 12 ft. (3.6 m) lengths</td>
</tr>
<tr>
<td>UPC-25xx-4</td>
<td>Aluminum Supply Tubing, (4) 25 ft. (7.3 m) lengths</td>
</tr>
<tr>
<td>UPC-80Fxx-1</td>
<td>Outlet Kit (for fiberglass plenum), (1) 12 ft. (3.6 m) sound attenuator with outlet and takeoff</td>
</tr>
<tr>
<td>UPC-80Mxx-1</td>
<td>Outlet Kit (for metal plenum), (1) 12 ft. (3.6 m) sound attenuator with outlet and takeoff</td>
</tr>
<tr>
<td>UPC-89F-6</td>
<td>Installation Kit (for fiberglass plenum), 6 outlets, includes takeoffs, clamps and couplings</td>
</tr>
<tr>
<td>UPC-89M-6</td>
<td>Installation Kit (for metal plenum), 6 outlets, includes takeoffs, clamps and couplings</td>
</tr>
<tr>
<td>2.5-inch (63 mm) duct</td>
<td></td>
</tr>
<tr>
<td>UPC-226Cxx-5</td>
<td>Sound Attenuator Tubing, (5) 12 ft. (3.6 m) lengths</td>
</tr>
<tr>
<td>UPC-226Dxx-5</td>
<td>Double Vapor Barrier Sound Attenuator Tubing, (5) 12 ft. (3.6 m) lengths</td>
</tr>
<tr>
<td>UPC-225xx-3</td>
<td>Aluminum Supply Tubing, (3) 25 ft. (7.3 m) lengths</td>
</tr>
<tr>
<td>UPC-280Mxx-1</td>
<td>Outlet Kit (for metal plenum), (1) 12 ft. (3.6 m) sound attenuator with outlet and takeoff</td>
</tr>
<tr>
<td>UPC-289M-5</td>
<td>Installation Kit (for metal plenum), 5 outlets, includes takeoffs, clamps and couplings</td>
</tr>
</tbody>
</table>

*xx* – indicates optional R-factor, R4/R6/R8

All the necessary items to make a 12-foot (3.6 m) branch from the plenum to the supply outlet are available in the single outlet kits. For lengths greater than 12-foot (3.6 m), the 2-inch (51mm) aluminum supply tubing must be ordered separately. The materials are also available in bulk packaging with the outlets and hardware sold as an Installation Kit and the sound attenuator sold separately.

**OUTLET TYPES**

There are several types of supply outlets, each of which was designed for a specific application although all of them can be used for various applications. The standard outlets are white plastic which can be painted to match the wall and are also available with a metallic finish. Outlets are also available with a wood faceplate made of unfinished oak as standard or other wood species as
a special. Consult Unico for availability of colors, finishes, and wood species.

The basic round outlets are designed for ceiling and floor applications although it is not unusual to place them in the side wall. The sloped outlets are a variation of the round outlets and are designed for sloped ceiling applications. The round outlets with wood faceplates are designed primarily for floor applications and come standard with a screen. The slotted outlets are designed for side wall applications or low clearance dropped ceilings. Their advantage is that they are available with a 90° elbow to facilitate installation in tight spaces. However, this is only available in 2”.

### OUTLET LOCATION

Supply outlet locations should be pre-determined in accordance with the prepared layout following Bulletin 40-030: Component Layout.

The outlets can be placed in the ceiling, floor or wall. The best place for ceiling outlets is the corner (Figure 4). If that is not possible or practical, anywhere out of the traffic pattern is acceptable. For round floor outlets, be sure to install an outlet screen (UPC-88 or UPC-288) to prevent objects from falling into the duct. This screen is included with the unfinished wood outlet.

**WARNING:** ADVISE THE HOMEOWNER THAT THE SCREEN IS NOT DESIGNED TO HOLD WEIGHT. TO PREVENT POSSIBLE INJURY DO NOT STEP ON SCREEN.

![Figure 4. Location of corner outlets](image)

For side wall outlets, position the outlet above head height as near to the ceiling as possible. The standard round supply outlet cannot be installed in a stud wall as there is insufficient room to bend the sound attenuating tubing. For such installations use the 90° slotted outlet.

Only if there is room for an inside bend radius equal to 6 inches (152mm) or greater, should you use a round outlet. For example, a soffit above a kitchen cabinet or space above closet doors usually has enough room behind the wall for a proper bend radius. If the bend is too sharp, the outlet will likely be noisy.

### UNIT AIRFLOW

For refrigerant cooling applications, the airflow must be between 200 and 250 CFM per nominal ton (27 to 33 L/s per nominal cooling kW). Heat pump applications should have between 225 and 275 CFM per nominal ton (30 to 36 L/s per nominal kW). Hydronic systems (chilled or hot water) generally use 300 CFM per rated ton (40 L/s per kW); however, this can vary. Refer to the Bulletin performance tables for more information when using chilled or hot water.

### NUMBER OF OUTLETS

The number of outlets for a system is a function of the unit airflow, plenum static pressure, outlet size, outlet length, and the desired sound level. The equipment selection determines the airflow (see previous paragraph). The duct layout determines the plenum static pressure and is usually 1.5 inches of water (370 Pa). The duct layout also determines the length of the outlet. Sound is specified by the application requirements and is a direct relationship with outlet airflow. The most common outlet airflow for a 2-inch round outlet is 35 CFM (17 L/s). This provides acceptably quiet performance.

The maximum airflow for a 2-inch (50mm) outlet is 40 CFM (19 L/s). For a 2.5-inch (63.5mm) round outlet the maximum is 50 CFM (24 L/s). Above these values, the noise begins to be unacceptable. There is no minimum in regards to sound. The less air per outlet, the quieter the system is. However, aspiration (air mixing) is also a function of outlet airflow. It is best to design for at least 20 CFM (9.4 L/s) per 2-inch round outlet although less air per outlet will not significantly reduce the air mixing (primarily because there are more outlets).

If the room requires less air than the supply duct will deliver, e.g. bathrooms, etc., then consider installing a balancing orifice to reduce its airflow.
OUTLET INSTALLATION

After the location of the outlet is determined, a hole must be cut and the supply tubing routed to the outlet location. Follow these steps when installing the supply tubing:

1. Make branch runs at least 6 feet (1.8 m) to prevent noise from excessive air flow. The entire branch duct can be sound attenuator or it can be a combination of sound attenuator coupled to the aluminum supply tubing. In either case, each branch duct must have at least 3 feet (1 m) of sound attenuator at the end.
2. Use as few bends as possible.
3. If bends are necessary, provide as generous a bend radius as possible. The minimum radius is 6-inches (152mm).
4. Support the supply tubing every 4 feet (1.2 m).
5. Be careful not to tear or puncture the supply tubing outer jacket.

For New construction Applications (round outlets):

1. Install a plaster frame kit (UPC-86) where the outlet will be located. See Bulletin 20-080, Plaster Frame Kit.
2. Route the supply tubing so about 6 inches (152mm) of the attenuator protrudes through the hole in the plaster frame.
3. If you have access to the plenum after terminator is secured, do this step last. Be sure there is sufficient tubing to provide as generous a radius (6-inch minimum) as possible at the outlet. Remove the excess supply tubing at the plenum and connect to the plenum takeoff.
4. Push the duct up into the hole and install the drywall or paneling, cutting the appropriate 4-1/4 inch (108mm) hole for the frame.
5. Pull the duct out and attach the duct core to the outlet terminator. Be sure to cut off any excess core. DO NOT ALLOW THE CORE OF THE DUCT TO ‘BUNCH UP’ AND DO NOT CREATE A SHARP BEND NEAR THE OUTLET – THIS CAN CREATE NOISE.
6. Position the terminator in the hole and secure with toggles and screws.

For New construction Applications (slotted outlets):

1. Install the outlet inside the wall cavity using the mounting bracket and hanger bars. See Bulletin 20-070, Slotted Outlet Specifications.
2. Route the sound attenuator from the outlet to the plenum.
3. Connect the sound attenuator to outlet and takeoff with the clamps and then seal the vapor barrier with aluminum foil tape.
4. Install the gypsum board and finish the interior wall. Then attach the trim plate.

For Existing Structures (round outlets):

1. To be sure there is adequate clearance around the outlet location so the hole can be cut without running into any obstructions, first drill a small 1/8-inch (3mm) hole at the outlet location and check above the ceiling or below the floor to see that there is 2-inch (51mm) clearance all around the hole. Cut a hole in the plaster or drywall (see Figure 4 for hole dimensions). After assuring adequate clearance, cut the hole with a rotary hole saw using the small hole as a pilot hole.
2. Then either route the supply duct through the hole to the plenum or from the plenum to the hole. If it is necessary to pull the duct through a floor joist, use either an electrician’s “fish tape” or rope.
3. Remove any excess supply tubing at the plenum and connect to the plenum takeoff.
4. Allow about 6 inches (152mm) to protrude through the hole, removing any excess and connect to the outlet terminator. Remember that as generous a radius as possible is desired at the outlet for good acoustical performance.

CONNECTING DUCT TO TAKEOFF, COUPLING OR OUTLET

Follow these steps to connect the duct to a takeoff, coupling or outlet:

1. Pull back the jacket and insulation about 2 inches (51 mm) to expose the inner core.
2. Slip the core over the connection stub of the takeoff, coupling or outlet as far as you can. Then secure with clamp using clamp pliers (UPC-54). Use the UPC-53B clamp for clamping the sound attenuator core and the UPC-52 clamp for clamping the aluminum core.
3. Pull the insulation and outer jacket over the core and stub and stuff under the tape ring. Secure the outer jacket with UL181A-P aluminum tape.

DUCT PENETRATION BETWEEN FLOORS

Whenever you penetrate a floor with the ducts, special care must be taken to assure that the installation is in compliance with the building codes. There are several different methods of installation, depending on the application.
OUTLET TERMINATOR INSTALLATION

With the outlet terminator connected to the end of the sound attenuator install the two toggles and screws in the mounting holes in the terminator faceplate. Feed or pull the terminator through the 4-inch (102 mm) hole in the ceiling or floor until the two spring toggles begin to enter the hole. Force the upper portion of the toggles inward until they snap over the edge of the ceiling or floor. The toggles should be centered on a line parallel to the direction of the duct run from the outlet to the plenum takeoff. Loosen the screws if necessary to assure toggles are sprung over the edge of the hole. Tighten the screws until the cover plate is snug against the ceiling or floor.

CAUTION: TO PREVENT DAMAGE TO THE OUTLETS DO NOT OVERTIGHTEN THE TOGGLE SCREWS.

The supply outlet can be installed in the floor without toggles by drilling a hole 3-3/8-inch (86mm) in diameter instead of 4-inch (102 mm) and screw the cover plate directly to the floor by drilling two 5/64-inch (2mm) diameter holes on a 3-3/4-inch (95 mm) diameter bolt circle. The UPC-56B supply outlet can be inserted into the 3-3/8-inch (86mm) hole and used as a template for the two screw holes. When installing the screws be careful that they do not break into the 3-3/8-inch (86mm) hole; drill and install at a very slight angle away from the 3-3/8-inch hole if necessary (Figure 5).

![Figure 5. Supply outlet installed in floor without toggles (top) and with toggles and screws (bottom)](image)

If installing an outlet in a wall, floor, or ceiling thicker than 1.5-inches (37mm), the outlet toggles will need to be trimmed. Trim the leg of the outlet toggle that normally contacts the back side of the wall at a 30 – 60 degree angle, giving it a sharp point (Figure 6). This will allow the toggle to dig into the wall. Install the outlet according to the instructions in the previous paragraph.

![Figure 6a. Modification of outlet toggles for walls thicker than 1.5-inches.](image)

![Figure 6b. Modified toggle secured into thick wall material.](image)

CONNECTING OUTLET TO R-6 AND R-8 DUCT

The R-6 and R-8 ducts require special installation instructions because the duct is too large to pass through a 4-inch (102 mm) hole. To properly install these outlets you will need access to both sides of the wall.

These ducts have two layers of insulation and two vapor barriers. Simply peel back the outermost vapor barrier and layer of insulation, exposing the inner vapor barrier. The inner layer is the same thickness as the R-4.2 and will pass through the 4-inch hole. Then clamp the inner duct and seal it the same as any standard or R-4.2 duct. Push the outlet into place and secure it to the ceiling or wall with the toggles.

From the backside of the wall unroll or unpeel the outer insulation and vapor barrier to its previous position. Then tape any seams with UL-181A-P tape.
If you do not have easy access to backside of the wall, then you will need to attach a short length of standard sound attenuator to the R-6 or R-8 duct. Use a 3-foot (1 m) section of sound attenuator coupled to the inside vapor barrier of the heavier insulated duct. Push the outer insulation away from the outer vapor barrier and then seal the outer vapor barrier to the tape ring of the coupling with aluminum tape.

**UPC-57 Unfinished Wood Outlet Installation.** Cut a 3-3/8-inch (86 mm) hole for mounting the UPC-57 without using toggles. The UPC-57 is furnished without any mounting holes in the wood faceplate. Rather than mar the wood surface an adhesive can be used under the faceplate to adhere it to the floor or other mounting surface. In some cases for floor applications the weight of the tubing below the floor will keep the outlet in place without any retention means.

If desired, holes can be drilled in the wood face plate at about a 3-7/8-inch (98 mm) bolt circle and wood screws used to mount the UPC-57 directly to any wooden mounting surface, such as the floor or paneling on the wall or ceiling.

**MOUNTING THE AIR HANDLER**

The Unico System air handlers can be either platform mounted or suspended from the ceiling or attic rafters as detailed in Bulletin 30-020: *Modular Unit Installation Instructions*. The U1218 can be mounted flush to the ceiling or vertically against a wall using the mounting rails.

**SECONDARY DRAIN PAN**

Where an overflow of condensate could cause water damage, a secondary drain pan MUST BE INSTALLED. Table 5 lists the models and dimensions of the secondary drain pans for horizontal installations. For vertical installations a secondary drain pan should be fabricated so the dimensions are about 2 inches (51 mm) greater than the footprint of the base of the air handler.

Place the drain pan on the mounting base, platform or angle iron frame. Be sure to allow enough room for the drain line connection. The assembled unit should be placed over the secondary drain pan supported by rails with rubber pads for isolation to raise the unit above the 1.5-inch (38 mm) sides of the secondary drain pan.

Like the modules, all secondary drain pans except UPC-24C and 24D will fit through the return air opening. Those drain pans may simply be folded and unfolded to fit through the return opening.

### Table 5. Secondary Drain Pan Dimensions, inches (mm)

<table>
<thead>
<tr>
<th>Model</th>
<th>Part No.</th>
<th>Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>1218</td>
<td>UPC-94</td>
<td>42 x 24 (1067 x 610)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Model</th>
<th>2 Modules</th>
<th>3 Modules</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Part No.</td>
<td>Size</td>
</tr>
<tr>
<td>2430</td>
<td>UPC 20B</td>
<td>29 x 31.5† (736 x 800)</td>
</tr>
<tr>
<td>3036</td>
<td>UPC-27B</td>
<td>34 x 31.5 (864 x 800)</td>
</tr>
<tr>
<td>3642</td>
<td>UPC 24B</td>
<td>42 x 31.5† (1067 x 800)</td>
</tr>
<tr>
<td>4860</td>
<td>UPC-24C</td>
<td>42 x 43.75† (1067 x 1110)</td>
</tr>
</tbody>
</table>

† NOTE — The drain fitting extends 7/8 inch (22 mm) beyond this dimension.

**PLENUM CONNECTION TO AIR HANDLER**

**Install Plenum Adapter.** Use the UPC-61-xxxx supply plenum adapter for round metal plenum (Figures 5 and 6). Use the UPC-62-xxxx supply adapter for square fiberglass duct board plenum (Figure 7). Any other shapes or sizes require a field installed adapter.

First install the restrictor plate on the blower (Models M2430, M3036, M3642, and M4860 only). Position the restrictor in the “full open” position with the screws tight but still able to move the restrictor.

**Connecting Metal Plenum to Plenum Adapter.** To connect a metal plenum, slip the un-crimped end of the plenum duct over the crimped end of the adapter. Secure the duct with a minimum of three self-tapping sheet metal screws at the joint and seal all seams with UL-181A-P pressure sensitive tape or UL-181A-M duct mastic. Then wrap the 1-inch (25 mm) thick fiberglass blanket insulation around the UPC-61-xxxx adapter and seal again with UL181A-P tape. Make the blanket snug but not compressed to maximize the insulation effect.

**Connecting Fiberglass Plenum to Plenum Adapter.** Cut off the male ship-lap to make the end flush; then insert the duct into the plenum adapter. Push plenum in tightly to form a snug joint. Insert four large headed nails at least 1-inch (25 mm) long through the four holes on each side of the square plenum adapter to help secure the duct. Then seal the duct to the metal collar with UL-181A-P tape. Be sure to use a squeegee to adhere the tape. After the duct is sealed to the adapter, wrap the supplied insulation tape around the exposed metal of the adapter to prevent condensation.
PLENUM DESIGN

As described in Bulletin 40-030, the best plenum design is the perimeter loop because it uses a tee to split the flow. This effectively reduces the pressure drop of the entire duct system and also boosts the plenum static pressure. The tee should be the first fitting coming off the air handler at 4 feet (1.2 m) away for best performance and no less than 24 inches (610 mm).

The plenum size, using internal dimensions, should be based on the maximum airflow shown in Table 1. For simplicity and to take maximum advantage of static regain, do not downsize the plenum except where needed for tight spaces. In some cases, when the plenum equivalent length is over 150 feet (45 m), the plenum should be oversized. For example, the M2430 with 550 CFM (259 L/s) will use a 7-inch (178mm) ID plenum per Table 1. However, if the equivalent plenum length is over 150 feet (45 m), it should be upsized to 8-inch (203mm) or 9-inch (229mm) ID.

PLENUM INSTALLATION

Fiberglass Plenum. Before beginning plenum installation it will save on fabrication of plenum joints if the layout is consulted as to the location of tees and elbows in relation to the air handler. Proper planning at the outset as to the match-up of these joints can save on having to fabricate ship-lap joints when the standard 4-foot plenum lengths are cut to shorter lengths.

Where fiberglass is used, the plenum, tees, and elbows are supplied with pre-fabricated male and female ship-lap joints on each end. Tees and elbows are supplied with male and female ends as shown in Figure 8.

Once the duct sections are fitted together, use either UL-181A-H heat seal tape (UL-181A-P pressure sensitive tape or UL-181A-M duct mastic may also be used) to connect the sections together. The UL-181A-H is a heat seal tape that requires the use of a hot iron. Done properly, it is the most secure joining method. However, it is difficult sometimes to maneuver the iron when you are in tight spaces. Therefore, as an alternative, use the UL-181A-P tape or UL-181A-M duct mastic to join the sections. Be sure to use a small squeegee to apply pressure to the tape. And always be sure that external surface of the duct is clean. For more information, refer to the manufacturer of tape, regarding shelf life, surface preparation and application temperatures for these closure systems. Continue to assemble plenum making sure ship-lap joints are snug.

Tape each joint securely with UL181A-H heat activated tape (available as UPC-17). For square plenum use a short 4-inch (102 mm) piece of tape on each side of the ship-lap joint taping across the flap. Be sure to pull flap tight before ironing. Once all four sides are secured, tape completely around the duct. As each length of plenum is added be sure it is properly supported so no strain is put on the joints. The square tees and elbows have tape flaps on all four sides of each male ship-lap joint. The end cap has extra foil facing that extends on each side to serve as a tape flap. To facilitate folding the flap over each side of the plenum the end cap flap can be cut at each corner.

Be sure tape is centered over the joint and provide an overlap of at least 2 inches (51 mm) at the end of the tape before ironing. Be sure surface of plenum is clean and free of dust or dirt.

Metal Plenum. All joints, including the longitudinal snap-lock seam in the metal pipe and the tee and elbow joints must be sealed with UL181A-P tape to prevent any air leakage. The complete metal plenum system should be insulated with a minimum of 1-1/2 inches (38 mm) of fiberglass insulation with vapor barrier. Where higher R factors are desired, the thickness of the insulation can be increased.

Insert male crimped ends into the un-crimped female end. Use a minimum of three self-tapping sheet metal screws to mechanically secure each plenum joint, including the one at the plenum adapter. Tape each joint using UL-181A-P pressure sensitive tape or use UL-181A-M duct mastic. Be sure that all longitudinal seams of the metal pipe are also sealed with tape. It is also helpful to locate the longitudinal seam at one location such as at the top of the pipe as once the pipe is insulated the longitudinal seam is to be avoided for cutting holes for the attachment of the plenum take-offs.

Insulate the bare metal with a minimum of 1-1/2 inches (38 mm) of fiberglass insulation with vapor barrier and tape securely in place. Use either an aluminum foil faced fiberglass insulation blanket or a silver insulation sleeve. Tape all insulation seams with UL-181A-P or UL-181B-FX tape. Be careful not to compress the insulation while wrapping it around the duct or while taping the seams.

When using metal plenum, be sure that the elbows have a generous radius and the tees are the full flow design.

1 The pre-fabricated male and female ends on the plenum and plenum fittings are most commonly called ship-lap joints. Tools are available to facilitate fabrication of the male and female ship-lap joints on the ends of the plenum. Alternatively, a utility knife can be used to form ends. Ends properly cut should fit snugly.
All joints in tees and elbows must be sealed with UL181A-P tape before insulating. Never use an elbow as the first fitting off the air handler; always use a least 24 inches (610mm) of straight duct before the elbow and use large radius elbow. If a tee is not used, maintain the maximum duct size whenever possible. Reduce the duct size only if the plenum equivalent length is less than 150 feet (46 m) and the airflow is below the maximum allowable in Table 1.

Accidental punctures or tears in the plenum facing should be repaired to minimize leakage and provide a neat appearance. If the damaged area is small, repair it with the same tape as used for sealing the plenum joints or vapor barrier. Where large areas of the facing have been damaged in fiberglass duct remove the section of damaged duct and replace with new duct, using ship-lap joints at both ends.

**Plenum Support.** The plenum can be extended horizontally and rest directly on floor or ceiling joists or be suspended from above.

When hanging fiberglass plenum, be sure the hanger will not damage the plenum facing. Use either plastic or metal strapping material with minimum width of 1-inch (25mm) (see Figure 6). Covering the metal hanger with a cloth type duct tape will help to avoid the puncturing the facing. Hangers should be no greater than 6 feet (1.83 m) apart and located as close to plenum joints as practical.

**Figure 6. Hanging fiberglass plenum**

When hanging or supporting metal plenum, additional steps should be taken over those used with fiberglass plenum to avoid condensation at the points of support since the fiberglass surrounding the metal plenum will compress and significantly reduce the R-factor. At these points a saddle of rigid fiberglass or foam rubber should be provided to rest the plenum in.

**PLENUM TAKEOFF INSTALLATION**

Refer to Bulletin 30-050: *Plenum Take-off Installation Instructions* for complete details for attaching the take-offs to the plenum (Figure 10).

**BALANCING ORIFICES**

The Installation Kits (5 outlet) include one of each of the 3 sizes of balancing orifices. The UPC-35-15 Takeoff Balancing Orifice Package is available where additional orifices are needed. They reduce airflow for the individual branch runs to better balance the air supplied to rooms for the cooling and heating loads. Upon completing the individual room heat gain and heat loss calculations and determining the number of outlets, the runs requiring orifices should have been determined allowing for the 3 sizes of orifices which give 15%, 35%, and 50% reduction in air flow. See Table 6 for the combinations that can be used.

These orifices are mounted at the UPC-23 or UPC-28 takeoff fittings. The orifice cap alone provides the 15% reduction, the cap with the .266-inch diameter hole disc provides 35% reduction and the cap with the .188-inch diameter hole disc provides 50% reduction in airflow. The discs are designed to just press into the orifice cap before installing over the connector stub protruding from the plenum takeoff fitting. The cap is designed to fit snugly over the connector stub and still permit the 2-inch (51mm) ID insulated supply tubing core (UPC-25 or UPC-26) to slide freely over it.
Table 6. Outlet-Orifice Combination

<table>
<thead>
<tr>
<th>Desired Number of Outlets*</th>
<th>Outlet-Orifice Combination</th>
</tr>
</thead>
<tbody>
<tr>
<td>.5</td>
<td>(1) .5</td>
</tr>
<tr>
<td>.65</td>
<td>(1) .35</td>
</tr>
<tr>
<td>.85</td>
<td>(1) .15</td>
</tr>
<tr>
<td>1.00</td>
<td>(1)</td>
</tr>
<tr>
<td>1.15</td>
<td>(1) .5 + (1) .35</td>
</tr>
<tr>
<td>1.30</td>
<td>(2) .35</td>
</tr>
<tr>
<td>1.50</td>
<td>(1) .35 + (1) .15 or (1) + (1) .5 or (3) .5</td>
</tr>
<tr>
<td>1.65</td>
<td>(1) + (1) .35 or (2) .5 + (1) .35</td>
</tr>
<tr>
<td>1.70</td>
<td>(2) .15</td>
</tr>
<tr>
<td>1.80</td>
<td>(2) .35 + (1) .5</td>
</tr>
<tr>
<td>1.85</td>
<td>(1) + (1) .15</td>
</tr>
<tr>
<td>1.95</td>
<td>(3) .35</td>
</tr>
<tr>
<td>2.00</td>
<td>(2)</td>
</tr>
</tbody>
</table>

* For a room requiring more than 2 outlets use combinations of above table quantities.

REDUCTION OF LEAKAGE AND ENERGY LOSSES

For fiberglass plenum systems with all plenum joints taped carefully using the UL181A-H tape, there should not be any leakage from joints or be any need to mechanically brace plenum fittings into which air impacts. This may be necessary when other tapes are used. In such cases, a caulking compound (such as DAP butyl rubber) or fiberglass adhesive should be used at all plenum joints to reduce leakage and energy losses.

In unconditioned locations, and especially in more humid areas, it may be necessary to over-wrap the joints with foil-faced fiberglass and tape in place covering all edges to provide a complete vapor barrier. The R-factor of 1 inch (25mm) thick square fiberglass plenum is 4.2. Where a higher R factor is desired, it is usually better to use a metal plenum as it can be over-insulated with thicker insul-sleeve or blanket insulation with thicker insulation. Alternatively, thicker fiberglass duct board may be used but this complicates the installation because the elbows and tees must be fabricated in the field. Several manufacturers make a 1-1/2-inch (38mm) duct board which has an R-factor of R-6 or a 2-inch (50mm) duct board is also available which has an R-Factor of R8. Special spin-in takeoffs are available for the 1-1/2-inch duct board.

DUCT SYSTEM IN UNCONDITIONED SPACES

To minimize energy losses it is best to run the duct system in conditioned spaces, such as basements, utility rooms, and closed or furred down areas. When the distribution system is located in unconditioned spaces and especially in the more humid areas of the country, it may be necessary to take extra precautions against condensation as follows:

1. Be sure tape rings are used at every 2-inch (51mm) tubing connection. They are specifically intended to keep the insulation from being compressed whenever a joint is being taped. Since the connection joints are more susceptible to leakage and condensation they can be over-wrapped with a 6-inch (152mm) wide piece of foam insulation tape or fiberglass insulation with a vapor seal. All edges of the fiberglass overwrap should be taped with UL181A-P tape to assure a complete vapor barrier.

2. At the takeoff fitting (UPC-23 or UPC-28), cuffs of Rubatex® type or equivalent tubing 3-1/4 x 1/4-inch (82 x 6mm) or 3/8 x 6-inch (10 x 152mm) long can be slipped over the supply tubing and pushed snugly against the plenum vapor barrier (Figure 11). A good adhesive, such as DAP® butyl caulking compound or equivalent, can be used to seal the end of the Rubatex cuff to the plenum vapor barrier. The other end of the cuff should be sealed to the supply tubing jacket with UL181A-P tape to form a complete vapor barrier. The caulking compound can be used to fill this joint before taping.

3. Similar to step two (2), precautions can be taken at the supply outlet (UPC-56B). Use a similar Rubatex cuff and slip this piece over the scrim core tubing where it is connected to the supply outlet. Notch or compress the Rubatex so it slips over the taper collar of the UPC-56B between the collar and toggles so the Rubatex can seat against the back of the supply outlet face plate; adhesive can be used to seal cuff to back of face plate. To facilitate the installation this cuff might be pre-assembled to the supply outlet-scrim core tubing connector assembly taking care that the toggles are free to compress and snap over the ceiling or floor.

4. Plenum joints can be over wrapped with 6-inch (152 mm) wide vapor barrier faced insulation and taped in place covering all edges to provide a complete vapor barrier.

5. In extreme humidity areas the air handler can also be protected against condensation by covering the top, sides and ends with foil-faced duct board. All bare ends and joints should be taped with UL181A-H to give a complete vapor barrier. Since side panels and the control box cover may have to be removed, leave cut outs or taped pieces (use UL181A-P tape) that can be easily removed.
6. A complete distribution system can be supplied that provides an R-factor of 6 or higher using the following:

a. Both the Sound Attenuator and the aluminum supply tubing are available with an R-4.2, R-6, and R-8 rating.

b. Use metal plenum and over-insulate with insulation sleeve or blanket insulation. Square fiberglass plenum can be made from either 1 inch (25mm) or 1-1/2-inch (38mm) duct board to provide R-6. This complicates making plenum takeoffs and requires special tees, elbows and plenum adapter.

c. For additional information refer to Tech Note 102, Duct Condensation.

**WINTER AIR SHUT-OFF**

For cooling only systems where the air distribution system is located in an unconditioned space, such as the attic or an unheated garage or utility room, steps must be taken to keep moisture from collecting in the duct and plenum system during the winter months. Winter supply air shut-off plugs are included in the Installation Kits. They can also be ordered separately in kits of 20 as UPC-42-20. These plastic plugs fit into the supply outlet opening. Push them in until they seat against the ledge inside the mouth of the supply outlet (see Figure 7).

![Figure 7. Installing winter shutoff caps](image)

In addition to the winter shutoff caps, be sure to seal the return air opening. Use both plastic sheet and tape to seal the filter in place or wrap the filter with plastic so that no air enters the return.

**BE SURE THE HOMEOWNER UNDERSTANDS THE WINTER SUPPLY SHUTOFFS AND THE RETURN AIR SHUTOFF PLATE ARE TO BE INSTALLED AT THE BEGINNING OF THE HEATING SEASON AND MUST BE REMOVED WHEN THE COOLING SYSTEM IS STARTED IN THE SPRING.**